



Central Dental

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PREOPERATIVE SEDATION INSTRUCTIONS

1. To reduce the chances for nausea, **do not** eat or drink anything (including water) for at least 6 hours prior to your appointment.
 - If your surgery is scheduled in the morning, do not eat or drink anything between your bedtime and your scheduled appointment.
 - If your surgery is in the afternoon, a light liquid breakfast before 7:00 A.M. is encouraged.
 - Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water.
2. A responsible adult, over 18 years of age, **must** accompany the patient to the clinic and remain here during the entire procedure. Following the sedation, this adult **must** escort the patient home and a responsible adult should remain with the patient for the next 24 hours.
3. Minors (persons under the age of 18 years) **must** be accompanied by a parent or legal guardian.
4. Patients should wear clothing which is not restricting to the neck or arms. Patients should wear loose fitting tops on which the sleeves can be rolled to the shoulder.
5. Contact lenses must be removed prior to sedation. Nail polish should be removed.
6. Following the anesthetic, patients should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.

**FAILURE TO FOLLOW ANY OF THESE INSTRUCTIONS WILL RESULT IN
CANCELLATION OF THE SEDATION APPOINTMENT.**

For any concerns or problems following sedation please call our office day or night at the number printed above.